



NMTSC /Fort Sam Houston, San Antonio, TX

OMBUDSMAN

April 2016

**April is Alcohol Awareness Month****MONTH OF
THE MILITARY
CHILD**

Military children go through many challenges they move every few years in which they have to change schools, make new friends, and go through deployments. Other kids never face these same challenges.

April we recognize these challenges and give military kids the admiration they deserve for all the challenges they face.

So wear purple on 15 April to celebrate the military child

**Fiesta San Antonio**

Fiesta is an annual spring festival that has taken place since 1891. It is held in honor of the memory of the battles of the Alamo and San Jacinto. This year they are celebrating 125 years of tradition.

There are over 100 events that take place over a period of 17 days.

From celebrating the military to events that bring people together with food from all over. There is a little something for everyone so go out and enjoy.

For more information visit:

<http://www.fiesta-sa.org/>

For a schedule of events:

<http://www.fiesta-sa.org/events>

Important Resources:

Command Drug and Alcohol Program (DAPA) Contact:

DAPA phone: (210)560-4647

Family Advocacy Program (FAP):

FAP, provides clinical assessment, treatment and services for military members and their families involved in allegations of domestic abuse and child abuse. The goals of victim safety and well-being and offender accountability form the basis of the clinical provider's work in responding to allegations of domestic abuse and child abuse.

Command Contact: ETCS Phillips
joshua.c.phillips.mil@mail.mil

National Domestic Violence Hotline
at 1-800-799-SAFE

http://www.cnic.navy.mil/ffr/family_readiness/fleet_and_family_support_program/family_advocacy.html

Fleet and Family Support Programs:

http://www.cnic.navy.mil/ffr/family_readiness/fleet_and_family_support_program.html

**AUTISM AWARENESS**

An estimated 1 out of 42 boys and 1 in 189 girls are diagnosed with autism in the United States. Therefore it is estimated that over 3 million people in the United States and tens of millions worldwide are affected by autism. Over 23,000 military dependents have a diagnosis on the autism spectrum.

With the numbers rising

each year it is likely that you know someone who is affected by autism.

There are many great resources for military. Here are a few to check out:

- EFMP great resource and even have free events. Give them a call (210) 671-3722
- Autism Speaks has there



own section of military resources. They have a very extensive list <http://www.autismspeaks.org/military-families/resources>

- Operation Autism is very informative website: <http://www.operationautismonline.org/>
- AMFAS: American Military Families Autism Support amfas.org

Ombudsman Questions or Concerns?

Contact Carrie Deza or Cynthia Fernandez (210) 413-6973 or nmtsc.ombudsman@gmail.com
Join our Facebook group Ft Sam Houston - NMTSC Ombudsman